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Speaking and Listening – Discussion

20 Energy Saving Tips – Matching Game 1

Print out and cut up the cards below, then match them to make sentences with 'instead of':

instead of

1. Read a book	firing up a games console and OLED TV.
2. Put on a warm jumper	turning up the heating.
3. Switch off appliances and unplug them	always leaving them on standby.
4. Switch off the light when you leave a room	leaving it on.
5. Holiday in your country	flying abroad.
6. Set your washing machine to 30 degrees	using higher temperatures.
7. Dry your clothes outside on a washing line	using a high-powered tumble dryer.
8. Take a brief shower	running a hot bath.
9. Boil only the water you need for a cup of tea	filling your kettle.
10. Wash dirty dishes by hand	using a dishwasher.
11. Exercise in the fresh air	running on a treadmill at the gym.
12. Use a bike and/or public transport	owning a car.
13. Insulate your home, including loft insulation	allowing major heat loss.
14. Follow your body's natural circadian rhythms	living out of tune with your organism.
15. Go to bed earlier in the colder months	staying up all night hammering power.
16. Adjust your energy use to the current season	following the same pattern all year round.
17. Consider using candles for lighting	only using electric lights.
18. Unplug your chargers after use	leaving them connected to the power.
19. Wear clothes appropriate for the season	always wearing a t-shirt and shorts at home.
20. Use a microwave oven and/or slow cooker	a regular energy-sucking oven.