

Fight or Flight?

direct / impolite

fight fire with fire

confront

meet head on

attack

face up to

face your fears

negotiate / discuss

get angry

stand firm

stand up to

deal with it YOUR way

win

fight on

act unilaterally

dispute / question

challenge

throw down the gauntlet

succeed

stand your ground

get stuck in

get hot and bothered

provoke

resist

take care of

indirect / polite

defuse the situation

run away

avoid

concede

back away from

bury your head in the sand

clam up

remain calm

acquiesce

give in to / surrender

give way to others

lose

give up

debate / compromise

go with the flow / chill out

accept

refuse / deny

quit

leave / walk away from

back off

pacify

ignore

back down

chicken out