

# Talk a Lot

## Health

### Role Plays:

#### 1. “But I must see my doctor now!”

- Place: Your local family doctor’s surgery  
Time: 10am  
Characters: You and the doctor’s receptionist  
Situation: You need to make an appointment for today to see your doctor because you’ve got a very bad cold. You want to see the doctor now because at 10.30am you are going bowling, then having a haircut, then having a sauna, and then having a romantic meal – all with different people
- Scenes:
- You ask to see the doctor now, but there are no appointments until this afternoon
  - You phone your various friends to try to rearrange your day, but it’s not possible
  - You fake a coughing fit and the receptionist has to decide whether to let you see the doctor now as an emergency, or stick to surgery policy...

*If there are three people in the group the third character could be:*

- One or more of your different friends on the phone*
- Your doctor*
- Another patient in the waiting room – someone with a more serious problem – who has been waiting to see the doctor much longer than you*

#### 2. “It shouldn’t cost the earth to keep fit!”

- Place: Your local gym  
Time: 3pm  
Characters: You and the gym manager  
Situation: You want to keep fit and lose weight, but you don’t want to pay the high prices charged by the gym
- Scenes:
- You speak to the manager about a discount. You say that you are a DJ on a local radio station and can give the gym good publicity for free if they give you some money off the monthly fee
  - The manager agrees to give you a free session at the gym today, and then talk about the discount later. You enjoy using the equipment at the gym
  - Unfortunately you break one of the running machines because you are too heavy for it. The manager has to decide whether to make a deal with you or not – and what about the cost of the broken machine?

*If there are three people in the group the third character could be:*

- Somebody else using the gym who also would like a discount on the monthly fee*
- The manager’s area manager, who overhears the first conversation and is not happy*