## Talk a Lot

## Foundation Course

## List of Common Weak Forms in Spoken English

- In spoken English we often use the weak forms of function words instead of the strong forms to make the sound spine stand out more clearly. This is true of Standard Pronunciation, dialects, and accents
- The weak form is often made by replacing the vowel sound in the strong form with a Schwa sound: uh
- Most function words that have weak forms are monosyllabic - they have only one syllable
- If we use strong forms when we should use weak forms, we sound too formal and it is more difficult for people to understand us, because the sentence stress is incorrect. Communication is reduced
- If a function word comes at the end of a sentence we usually use its strong form, rather than its weak form, e.g. "What are you looking for?" ( for ) or, "Who are you writing to?" ( too )
- If we want to show emphasis or contrast, we can vary the intonation by using strong forms where we would normally use weak forms, e.g. "What did you think of the book?" ( yoo )

| articles \& determiners | weak | strong |
| :--- | :---: | :---: |
| a | uh | ei |
| an | uhn | an |
| any | uh nii | e nii |
| some | sm | sum |
| such | sch | such |
| that | th | that |
| the | thi or th | thee |


| verb "be" \& auxiliary verbs | weak | strong |
| :--- | :---: | :---: |
| am | uhm | am |
| are | uh | ar |
| be | bi | bee |
| been | bin or bn | been |
| is | uhz | iz |
| was | wz | woz |
| were | duu or d | doo |
| do | hd or uhd | had |
| does | hz or uhz | haz |
| had | hv or uhv | hav |
| has | kn | kan |
| have | kd | kuud |
| can | mst or ms | must |
| could | shl | shal |
| must | shd | shuud |
| shall | whor | wil |
| will | would | whud |


| conjunctions | weak | strong |
| :--- | :---: | :---: |
| and | uhn | and |
| because | b kz | bi koz |
| but | b_ | but |
| if | uhf | if |
| or | uh | or |
| than | thn | than |


| prepositions | weak | strong |
| :--- | :---: | :---: |
| about | uh bau_ | uh baut |
| as | uhz | az |
| at | uh_ | at |
| by | b | bai |
| for | f | for |
| from | frm | from |
| of | uhv | ov |
| out | t | aut |
| to | w | too |
| with |  | with |


| pronouns | weak | strong |
| :---: | :---: | :---: |
| he | hi or i | hee |
| her | h or uh | her |
| him | im | him |
| his | iz | hiz |
| I | uh | ai |
| it | i_ | it |
| its | uh_s | its |
| me | mi | mee |
| my | m | mai |
| our | ar | auw |
| she | sh | shee |
| their | th | their |
| them | thm | them |
| there | th | their |
| they | th | thei |
| us | uhz | us |
| we | wi or w | wee |
| you | y | yoo |
| your | y | yor |

