

What to say instead of "Cheer up"

30 English idioms of comfort



1. I'm listening.
2. I'm here for you.
3. Let it out – don't bottle it up.
4. Never mind.
5. What a pity.
6. It's not the winning but the taking part that counts.
7. It'll all blow over soon.
8. You'll soon get back on your feet.
9. Something will turn up.
10. Hang on in there.
11. You'll get over it.
12. You'll pull through.
13. Look on the bright side.
14. Keep your eyes on the prize.
15. It'll all work out in the end.
16. The best is yet to come.
17. When life gives you lemons, make lemonade.
18. It's not the end of the world.
19. What doesn't kill you makes you stronger.
20. You've got to taste defeat before you can appreciate success.
21. No pain, no gain.
22. Pick yourself up, dust yourself down, and get back in the saddle.
23. There are plenty more fish in the sea.
24. Turn that frown upside down!
25. It (clearly) wasn't meant to be.
26. At least it's over now.
27. Forget it. It's behind you now.
28. You're better off (well) out of it.
29. (At least) you tried your best.
30. *"Our greatest glory is not in never falling, but in rising every time we fall." Confucius*

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