

Role Plays – Mood Chart

I'm feeling...

nosey	bored	sad	cheerful
angry	happy	shocked	up
frightened	smug	apologetic	secretive
down	worried	so so	aggressive
guilty	ecstatic	paranoid	naughty
surprised	energetic	friendly	unwell
depressed	moody	determined	tired
giggly	upset	mischievous	disgusted
too hot	excited	cold	nervous
stupid	horrified	relieved	confused